

Labyrinth Days for Women

June 17th

September 16th

December 16rd 2017



**Join us for an experience of reflection and renewal in community at the
Equinox and Solstice points of the year.**

The Equinox and Solstice points mark the turning of the cycle of the seasons. Join us as we come together in circle to pause and reflect on how the symbols and images from these archetypal moments can inspire, support and nourish us in our lives. Our days are held in a beautiful sacred space in North London with good links to public transport.

The days are open to women of all ages - no need to have walked a labyrinth before or even to know what one is! Together we create space for creative personal exploration, soul nourishment and self connection. The days include simple ceremony, reflection and a candlelit walk on a beautiful, large Chartres style canvas labyrinth.

Places are limited & early booking is recommended.

The fee for each day is £95.

For further information & bookings call Jay on 07881 492342.

Call or email if you have any questions or would like more information.

The days will be led by Jay Edge. Jay is a Veriditas Labyrinth Facilitator and has been working with the Labyrinth for many years. She is an experienced group leader, has completed the BodySoul Leadership training with the Marion Woodman Foundation and works in private practice as a Psychosynthesis Psychotherapist, Supervisor and Trainer.

Further details on www.journeyofthesoul.co.uk