

# IRISH SOCIETY OF JUNGIAN ANALYSTS

in conjunction with the  
IRISH ANALYTICAL PSYCHOLOGY ASSOCIATION

Presents live on Zoom

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Thursday, 15<sup>th</sup> June 2023: 7.30pm – 9.00pm (Irish time)



**SKIN: BRIDGE AND  
BARRIER IN THE  
INTERSUBJECTIVE FIELD**

**Lisa Holland, MS, LPCC  
Jungian Analyst**

This lecture explores the topic of skin in its actual and symbolic nature, including its functions as a physical and psychic boundary between “inside” and “outside”, and as both bridge and barrier between ourselves and others. We will explore skin further through a case study of a transgender woman who struggled with her relationship to her own skin as a result of severe childhood sexual trauma. The client’s story will be interwoven with a fairy tale, “The Seal Woman”, a story that follows a being who through the loss of her seal skin, is held hostage in the human realm, away from her own true nature.

**Lisa Holland, MS, LPCC** is a Jungian Analyst and member of IAAP, practicing, consulting, and teaching on the Central Coast of California, USA. She is trained in mindfulness-based somatic psychotherapy and now offers neurofeedback training (a form of computer-assisted biofeedback that works beneath consciousness) to support physiological regulation, thereby enabling clients to be more available to analytical work. Lisa’s areas of interest include: trauma recovery, creativity, women’s empowerment and embodiment and group process. She delights in the study of fairy tales, regularly offers seminars at ISAPZURICH (International School of Analytical Psychology, Zurich, Switzerland), presents at various international conferences, and gratefully spends several months of the year in Italy. <https://lisahollandtherapy.com/>

**Registration closes on Wednesday, 14<sup>th</sup> June @ 6.00pm - Irish time**  
**For further Information & Booking:**

<https://www.eventbrite.ie/e/skin-bridge-and-barrier-in-the-intersubjective-field-with-lisa-holland-tickets-631959878007>

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This event will be recorded, and the link will be available for 2 weeks for the personal viewing of registered participants only.

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**Admission: €22.42 / Students: €17.07**  
**Booking is via Eventbrite only**

General enquiries, please contact Nola at  
[isja.events@gmail.com](mailto:isja.events@gmail.com)